Rehabilitation beyond Borders: For new hopes & a new life...!

ONE STOP SOLUTION...

OVERSEAS REHABILITATION CARE
HEALING WITH COMPASSION
One – Stop solution for your loved one’s physical therapy and complete Rehabilitation care in India…

…as we provide compassionate and holistic healing with hospitality at its best.

With best – in class infrastructure and technology, highly expert physical therapy & rehabilitation experts and cost effective services, we ensure you of a better future. Overseas Rehabilitation Care bridges the gap between dependence and self – dependence with the help of highly evolved physiotherapy and rehabilitation practices. Let us welcome a new day and a new life with rehabilitation beyond borders!
Innovation distinguishes between a leader and a follower.

OUR FOUNDER DIRECTORS

Dr. Neha Malhotra Taneja (PT)
MBA (Hosp. Management)
BPT, MDCPOT

She is Director and Co-founder of Overseas Rehabilitation Care. A Bachelor of Physiotherapy graduate, she has years of experience in healthcare and medical tourism industry. As a physical therapist and an Entrepreneur, she understands the nitty-gritty of Rehabilitation and has worked with Government & Private hospitals as well as in Medical Tourism Industry.

Dr. Beenu Kumar Taneja
Ph.D, MBA

He is Director & Co-Founder of Overseas Rehabilitation Care. He brings with him 13 years of experience in Corporate and Human Resource sector. Known for his eye for detail, he takes care of all the marketing and operational work of Overseas Rehabilitation Care.
VISION
To be the best healthcare facilitation organization for the global patients looking for quality Physical Therapy & Rehabilitation services of international standards in India.

MISSION
- To use the best of our knowledge, skills & experience towards providing world class healthcare services to our patients with a compassionate care & healing touch of our experts, latest technology and state of the art infrastructure.
- To provide a patient-focused and result-oriented physical therapy & Rehabilitation services to patients coming from across the world to India

CORE VALUES
QUALITY – We constantly strive to raise the bar to meet the quality standards in Rehabilitation services to enable patient satisfaction and create a benchmark in healthcare arena.

INTEGRITY
We value each of our customers and thus provide honest care which makes us a distinguished healthcare provider.

COMPASSION
We believe in providing rehabilitation care with a healing touch which every human being is ought to get.
At Overseas Rehabilitation Care, we provide end-to-end seamless services for your sojourn in India. Right from the tour planning to your return to your home country, we are there to assist you at each step. Following are our services:

- **VISA Assistance**
- Tour planning and itinerary making
- Airport pick and drop
- Doctor’s Opinion
- Currency Exchange
- First consult/ Admission & Discharge and follow ups
- In land transfers
- Accommodation assistance as per budget
- Food guide
- Sight seeing
- Keeping in touch back home
OVERSEAS REHABILITATION CARE (ORC) chosen best rehabilitation centers in India provide treatment for various neurological conditions which may include but are not limited to:

- Stroke
- Cerebral Palsy
- Spinal cord injury
- Peripheral Nerve Injury
- Muscular Dystrophy
- Multiple Sclerosis
- Motor Neuron Disease
- Parkinson’s disease
- Writer’s cramp
- Down’s Syndrome
- Gullian Barre Syndrome
- Post Polio Residual Paralysis
- Brachial Plexus Injury
- Facial Paralysis
SPECIALITIES

ORTHOPAEDIC PHYSICAL THERAPY AND REHABILITATION

In association with chosen few rehabilitation experts, we provide treatment for a number of musculoskeletal conditions which include following and may not be limited to:

- Ankylosing Spondylitis
- Cervical Spondylitis
- Deformities
- Frozen Shoulder
- Low back pain
- Lumbar canal stenosis
- Lumbar Spondylosis
- Mallet finger
- Osteomyelitis
- Osteoporosis
- Osteoarthritis
- Plantar fasciitis
- Rickets
- Rheumatoid Arthritis
- Trigger finger
Our Paediatric physical therapy aims to offer a comprehensive therapeutic approach to help children reach a functional independence level. The program is designed for children with impairments including musculoskeletal, orthopedic, congenital, neurological or developmental conditions.

**Conditions we treat but may not be limited to:**
- Cerebral Palsy
- Congenital Talipes Equino varus
- Cerebellar Malformations
- Down’s syndrome
- Delayed Milestones
- Brachial Plexus injury
- Erb’s Palsy
- Muscular Dystrophy
- Arthrogryposis Multiplex Congenita
SPECIALITIES

SPORTS PHYSICAL THERAPY & REHABILITATION

At OVERSEAS REHABILITATION CARE (ORC), Sports Physiotherapy and Rehabilitation focuses on providing end-to-end rehabilitation care to patients with the help of hands-on treatment techniques such as electrotherapy modalities, manual therapy, rehabilitation exercises and training. Our team of expert physiotherapists and rehabilitation personnel are regularly updated with the latest techniques in physiotherapy to help the patients achieve their functional goals apart from helping them to recover speedily.

We treat a range of conditions including sprains, strains, tendonitis, ligament, muscle and tendon tears and repairs, hand and shoulder injuries, shoulder dislocation, dysfunctions of foot and ankle etc.
The team of Physical & Rehabilitation therapists at ORC provides individualized treatment approach for treating a number of cardiopulmonary conditions with the help of exercises and education. The therapists use Chest Physical Therapy & techniques of Postural drainage to control symptoms and activities of daily living and breathing. Cardiopulmonary Physical Therapy & Rehabilitation deals with a number of cardiac and pulmonary conditions including:

**Cardiac Conditions:**
- Heart attack
- Coronary artery angioplasty or stents
- Open heart surgery such as coronary bypass or valve surgery
- Angina pectoris
- Heart transplantation
- Heart failure

**Pulmonary Conditions:**
- Asthma
- Bronchiectasis
- COPD
- Chronic Bronchitis
- Emphysema
- Pulmonary Fibrosis
- Pre/Post Thoracotomy
- Thoracic Cage Abnormalities
- Lung Cancer
- Sarcoidosis
For acute or chronic injuries of pelvic muscles, physical therapy is required for their rehabilitation. Physical therapists employ the same techniques and treatment modalities for pelvic pain and dysfunction as they use for the treatment of joint pain or back rehabilitation. Their main goal is to improve the condition & function of pelvic floor.

At OVERSEAS REHABILITATION CARE (ORC), we provide Gynaecological physical therapy and rehabilitation for two broad categories of conditions:

**Disorders of pelvic pain** – These include:
- Chronic pelvic pain
- Vestibulitis
- Dyspareunia
- Vulvodynia

**Disorders of pelvic function**
- Pelvic organ prolapse
- Overactive bladder
- Urinary urgency and incontinence
- Stress Urinary Incontinence
- Fecal Incontinence